

JANUARY 2019

PARKER MIDDLE SCHOOL MENU

Lunch: \$2.50 Milk: \$.55
 Reduced: \$.40
 Students may choose a Pre-made Salad, PB&J Sandwich, Panini Sandwich, or PIZZA (MWF) in place of Main Entrée listed.
 Milk and Juice served daily.


Monday
Tuesday
Wednesday
Thursday
Friday


**HAPPY
NEW
YEAR**

1
NO SCHOOL
2

BBQ Pork Rib Sandwich
 Mixed Vegetables
 Baked Apples w/
 Marshmallows

3

Chicken Quesadilla
 Corn
 Seasonal Fruit Cup
 Fruit Churros

4

Spaghetti & Meatballs
 Garlic Bread Sticks
 Italian Blend Veggies
 Pears

7

General Tso's Chicken
 Spinach Salad
 Cooked Broccoli
 Side Kicks Fruit Cup

8

Chicken Patty Sandwich
 (regular or spicy)
 Mixed Veggies
 Sliced Apples w/ Caramel
 Cookie

9

Cheesy Meatloaf
 Scalloped Potatoes
 Seasoned Corn
 Apple Sauce

10

Cheeseburger on Bun
 Toppings
 Chef's Choice Veggie
 Garlic Fries
 Peaches

11

Meatball Subs
 California Blend Veggies
 Fruit Salad

14

Chicken Fajita
 Seasoned Corn
 Apple Sauce
 Fruit Churros

15

Italian Dunkers
 Dipping Sauce
 Glazed Carrots
 Side Kicks Fruit Cup

16

Breakfast Bagel
Tater Tots
 Green Beans
 Peaches

17

Boneless Wings
 Rice Pilaf
 Broccoli
 Fresh Pineapple

18
NO SCHOOL
21

Chicken Pot Pie
 Mashed Potatoes
 Biscuit
 Peaches

22

Garbage Fries
 Corn
 Spinach Side Salad
 Mandarin Oranges

23

Ham & Cheese Pretzel
 California Blend Veggies
 Potato Wedges
 Apple Slices w/ Caramel

24

Baked Potato w/
 Toppings
 Dinner Roll
 Side Salad
 Broccoli
 Pears

25

Popcorn Chicken Bowl
 Dinner Roll
 Mashed Potatoes
 Corn
 Pineapple

28

3 Cheese Calzone
 Green Beans
 Pears

29

Hearty Meat Chili
 Soft Breadstick
 Peas
 Peaches

30

French Toast Sticks
 Sausage
 Hash Brown Rounds
 Mandarin Oranges

31
What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable*, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk

