

FEBRUARY 2019

PARKER MIDDLE SCHOOL MENU

Lunch: \$2.50 Milk: \$.55
 Reduced: \$.40
 Students may choose a Pre-made Salad,
 PB&J Sandwich, Panini Sandwich, or
 PIZZA (MWF) in place of Main Entrée listed.
 Milk and Juice served daily.

Monday

Tuesday

Wednesday

Thursday

Friday

4
 Mac & Cheese
 Dinner Roll
 Winter Blend Veggies
 Fresh Fruit Cup

5
 Chicken Tenders
 Spiral Fries
 Cooked Carrots
 Peaches

6
 Hot Dog on Bun
 Toppings
 Onion Rings
 Pineapple Cup

7
 BBQ Pork Rib Sandwich
 Mixed Vegetables
 Baked Apples w/
 Marshmallows

1
 Walking Tacos
 Mixed Vegetables
 Apple Sauce
 Cinnamon Churros

8
 Chicken Quesadilla
 Corn
 Seasonal Fruit Cup
 Fruit Churros

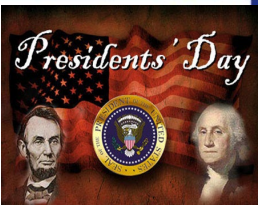
11
 Spaghetti & Meatballs
 Garlic Bread Sticks
 Italian Blend Veggies
 Pears

12
 General Tso's Chicken
 Spinach Salad
 Cooked Broccoli
 Side Kicks Fruit Cup

13
 Chicken Patty Sandwich
 (regular or spicy)
 Mixed Veggies
 Sliced Apples w/ Caramel
 Cookie

14
Cheesy Meatloaf
 Scalloped Potatoes
 Seasoned Corn
 Apple Sauce

15
 CHEF'S CHOICE



18
Presidents' Day

19
 Chicken Fajita
 Seasoned Corn
 Apple Sauce
 Fruit Churros

20
 Italian Dunkers
 Dipping Sauce
 Glazed Carrots
 Side Kicks Fruit Cup

21
Breakfast Bagel
Tater Tots
 Green Beans
 Peaches

22
 Boneless Wings
 Rice Pilaf
 Broccoli
 Fresh Pineapple

25
 Chicken Noodle Soup
 Soft Pretzel
 Peas
 Apple Slices w/ Cinnamon

26
 Chicken Pot Pie
 Mashed Potatoes
 Biscuit
 Peaches

27
Garbage Fries
 Corn
 Spinach Side Salad
 Mandarin Oranges

28
 Ham & Cheese Pretzel
 California Blend Veggies
 Potato Wedges
 Apple Slices w/ Caramel



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable*, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk