

Monday

Tuesday

Wednesday

Thursday

Friday

4
 Otis Spunkmeyer Muffins
 or Cereal
 Orange Wedges
 Milk & Juice

5
 Bagel & Cream Cheese
 or Cereal
 Banana
 Milk & Smoothies

6
 Breakfast Sandwich
 or Cereal
 Peaches
 Milk & Juice

7
 French Toast Sticks
 Or Cereal
 Apple Slices
 Milk & Smoothies

1
 Breakfast Sandwich
 Or Cereal or Donuts
 Pears
 Milk & Juice

11
 Funnel Cake
 or Cereal
 Banana
 Milk & Juice

12
 Mini Waffles
 or Cereal
 Seasonal Fruit
 Milk & Smoothies

13
 Breakfast Sandwich
 or Cereal
 Peaches
 Milk & Juice

14
 Fruit Strudel
 or Cereal
 Orange Slices
 Milk & Smoothies

8
 Breakfast Sandwich
 Or Cereal or Donuts
 Pears
 Milk & Juice

15
 NO SCHOOL

18
 NO SCHOOL

19
 Bagel & Cream Cheese
 or Cereal
 Banana
 Milk & Smoothies

20
 Breakfast Sandwich
 or Cereal
 Peaches
 Milk & Juice

21
 French Toast Sticks
 Or Cereal
 Apple Slices
 Milk & Smoothies

22
 Breakfast Sandwich
 Or Cereal or Donuts
 Pears
 Milk & Juice

25
 Funnel Cake
 or Cereal
 Banana
 Milk & Juice

26
 Mini Waffles
 or Cereal
 Seasonal Fruit
 Milk & Smoothies

27
 Breakfast Sandwich
 or Cereal
 Peaches
 Milk & Juice

28
 Fruit Strudel
 or Cereal
 Orange Slices
 Milk & Smoothies

29
 Breakfast Sandwich
 Or Cereal or Donuts
 Pears
 Milk & Juice

TRY A FRUIT SMOOTHIE ...counts as fruit and meat alt (2 Items) © comes w/ a grain (Cereal/Cereal Bar)©

You must take 3 of the 5+ Meal Items offered and 1 must be a fruit

