

MARCH 2019

GM HIGH SCHOOL MENU

Lunch: \$2.50 Milk: \$0.55
 Reduced: \$0.40
 Students may also choose a Deli Sandwich/ Wrap/ Panini, Pizza, Hot Sandwich, Soup, or Pre-Made Salad in place of the Main Entrée listed

Monday
Tuesday
Wednesday
Thursday
Friday

4
 General Tso's Chicken
 Rice
 Winter Blend Vegetable
 Fresh Pineapple

5
 Pizza Logs
 Sauce
 Green Beans
 Mixed Greens Salad
 Baked Pears

6
 Mac & Cheese
 Ritz Crackers
 Waffle Fries
 Stewed Tomatoes
 Fruit Salad

7
Chicken Fritter Sandwich
 Potato Smiles
 Peaches

8
Breakfast Sandwich
 Green Beans
 Baked Apples w/
 Marshmallow

1
Soup & Bread Sticks
 Cuke & Tomato Salad
 Pears

11
 Mandarin Chick Bowl
 Rice
 Cooked Baby Carrots
 Tropical Fruit Salad

12
 Grilled Cheese Sandwich
 Tomato Soup
 California Blend Veggies
 Mandarin Oranges

13
 Gourmet Chicken Wings
 w/ Soft Pretzel
 Corn
 Baked Pears

14
 Hot Turkey Sandwich
 Stuffing
 Mashed Potatoes
 Cooked Cauliflower
 Pineapple

15
 NO SCHOOL

18
 NO SCHOOL

19
Garbage Fries
 Green Beans
 Side Salad
 Fruit Apple Sauce

20
 BBQ Pulled Pork
 On a Bun
 Rice Pilaf
 Mixed Vegetables
 Fresh Fruit Salad

21
 Ham & Cheese Pretzel
 California Blend Veggies
 Potato Wedges
 Peaches

22
Nachos Grande
 Fiesta Corn
 Side Salad
 Mandarin Oranges

25
Cheesy Meatloaf
 Dinner Roll
 Cauliflower
 Mashed Potatoes/Gravy
 Pears

26
 Goulash
 NY Bread Sticks
 Green Beans
 Peaches

27
 Chicken Pot Pie
 Mashed Taters
 Seasoned Peas
 Pineapple

28
 Walking Tacos
 Cooked Carrots
 Apple Sauce
 Cinnamon Churros

29
 Country Fried Steak
 Gravy
 Dinner Roll
 Broccoli
 Fruit Salad

MILK, JUICE, AND FLAVORED WATER PRODUCTS OFFERED DAILY

Students must take 3 of 5 components offered and ONE must be a Fruit or Vegetable.

