

# MARCH 2019

## PARKER MIDDLE SCHOOL MENU

Lunch: \$2.50      Milk: \$.55  
 Reduced: \$.40  
 Students may choose a Pre-made Salad, PB&J Sandwich, Panini Sandwich, or PIZZA (MWF) in place of Main Entrée listed.  
 Milk and Juice served daily.

Monday	Tuesday	Wednesday	Thursday	Friday
				Baked Potato w/ Toppings Dinner Roll Side Salad Broccoli Pears <b>1</b>
Popcorn Chicken Bowl <b>4</b> Dinner Roll Mashed Potatoes Corn Pineapple	3 Cheese Calzone <b>5</b> Green Beans Pears	Hearty Meat Chili <b>6</b> Soft Breadstick Peas Peaches	French Toast Sticks <b>7</b> Sausage Hash Brown Rounds Mandarin Oranges	Walking Tacos <b>8</b> Mixed Vegetables Apple Sauce Cinnamon Churros
Mac & Cheese <b>11</b> Dinner Roll Winter Blend Veggies Fresh Fruit Cup	Chicken Tenders <b>12</b> Spiral Fries Cooked Carrots Peaches	Hot Dog on Bun <b>13</b> Toppings Onion Rings Pineapple Cup	BBQ Pork Rib Sandwich <b>14</b> Mixed Vegetables Baked Apples w/ Marshmallows	NO SCHOOL <b>15</b>
NO SCHOOL <b>18</b>	General Tso's Chicken <b>19</b> Spinach Salad Cooked Broccoli Side Kicks Fruit Cup	Chicken Patty Sandwich <b>20</b> (regular or spicy) Mixed Veggies Sliced Apples w/ Caramel Cookie	Cheesy Meatloaf <b>21</b> Scalloped Potatoes Seasoned Corn Apple Sauce	Cheeseburger on Bun <b>22</b> Toppings Chef's Choice Veggie Garlic Fries Peaches
Meatball Subs <b>25</b> California Blend Veggies Fruit Salad	Chicken Fajita <b>26</b> Seasoned Corn Apple Sauce Fruit Churros	Italian Dunkers <b>27</b> Dipping Sauce Glazed Carrots Side Kicks Fruit Cup 1	Breakfast Bagel <b>28</b> Tater Tots Green Beans Peaches	Boneless Wings <b>29</b> Rice Pilaf Broccoli Fresh Pineapple

### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.  
 Choice of Meat or Meat Alternate  
 Choice of Vegetable\*, Choice of Fruit\*  
 Choice of Grain/Bread, and Choice of Milk

