



LUNCH

Lunch: \$2.40
Reduced: \$0.40

OCTOBER 2020

Elementary Schools Menu

Choice of 3 Meal options daily
Meals include: Entrée,
Vegetable, Fruit, Milk:
Main Entrée Meal
Smuckers Meal
Chef Salad Meal

Monday

Tuesday

Wednesday

Thursday

Friday

*Menu subject to availability and there may be substitutions. Order all meals 2 days in advance on SchoolCafe.

5

Chicken Strips/Sauce
Potato Wedges
Side Salad
Fresh Fruit
Milk

6

Cheeseburger on Bun
Toppings
Potato Wedges
Veggie
Milk & Juice

7

Chicken Tenders
Soft Pretzel
w/ cheese sauce
Fruit & Veggie
Milk

8

Ham & Cheese Pretzel
Chef's Choice Veggie
Crinkle Cut Fries
Milk & Juice

9

3 Cheese Calzone
Side Salad
Apple Slices
Cookie
Milk

12

NO SCHOOL

13

Italian Dunkers
Dipping Sauce
Chef's Choice Veggie
Milk & Juice

14

Chicken Patty on Whole
Wheat Bun
Chef's Choice Veggie
Fruit Cup
Milk

15

Walking Tacos
Fruit Churros
Veggie
Milk & Juice

16

PIZZA for ALL
Side Salad
Fresh Fruit
Cookie
Milk

19

Chicken Strips/Sauce
Potato Wedges
Side Salad
Fresh Fruit
Milk

20

Cheeseburger on Bun
Toppings
Potato Wedges
Veggie
Milk & Juice

21

Chicken Tenders
Soft Pretzel
w/ cheese sauce
Fruit & Veggie
Milk

22

Ham & Cheese Pretzel
Chef's Choice Veggie
Crinkle Cut Fries
Milk & Juice

23

3 Cheese Calzone
Side Salad
Apple Slices
Cookie
Milk

26

Chicken Nuggets w/Roll
French Fries
Side Salad
Side Kicks Fruit Cup
Milk

27

Italian Dunkers
Dipping Sauce
Chef's Choice Veggie
Milk & Juice

28

Chicken Patty on Whole
Wheat Bun
Chef's Choice Veggie
Fruit Cup
Milk

29

Walking Tacos
Fruit Churros
Veggie
Milk & Juice

30

PIZZA for ALL
Side Salad
Fresh Fruit
Cookie
Milk

Heating Instructions – All food is fully cooked and should be eaten 1-2 days after receiving. Refrigerate until ready to eat. Heat and eat immediately.
Oven – If in aluminum foil, leave it in foil. Otherwise place in an oven safe tray/container. Heat at 350. 10-15 minutes until Hot.
Microwave – REMOVE ALUMIMUN FOIL or take out of container. Place on Microwave Safe dish and heat on 30 second intervals until Hot.