



## Updated Quarantine Guidelines

*Updated: 12/10/20*

The CDC and PA DOH have adopted new guidelines for close contacts of a COVID infection. General McLane will begin using the guidelines effective immediately with some precautions.

The original advice from the CDC placed close contacts in quarantine for 14 days. The new guideline offers two alternate options to the 14 days.

**Option One:** Quarantine can end after Day 7 if a diagnostic specimen tests negative and if no symptoms were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.

**Option Two:** Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring.

Both guidelines outline the importance of **social distancing, strict masking, and symptom monitoring through Day 14**. GM and most of the surrounding school districts have decided to implement only Option 2 secondary to limited testing in our area. Asymptomatic testing should be discouraged for those desiring only shorter quarantine times.

Students within GM school district may come back to school on **Day 11** of quarantine with the following stipulations:

1. Students must report to the nurse's office Day 11-14 for symptom screening and temperature monitoring, which will be recorded by the nurse.
2. Students are not permitted to ride the bus until Day 15 to maintain social distancing of at least 6 feet.
3. Students may not participate in any after school activity (sports, clubs) until Day 15.
4. If at any time during Day 11-14 students have symptoms or an elevated temperature, a parent must pick up the student immediately and see a health care provider for further medical advice.
5. Staff members are also required to self-monitor for symptoms and temperature Day 11-14. If symptoms start, staff should notify their supervisor, quarantine and seek medical advice. The school nurse or Kristen Donnelly should also be notified.

Please contact Assistant Pandemic Coordinator Kristen Donnelly for any questions regarding these changes. She is available at 814-899-3363 or at [kristendonnelyrn@gmail.com](mailto:kristendonnelyrn@gmail.com).