



FREE LUNCHES FOR ALL CHILDREN 18 AND UNDER

MAY 2021

Parker Middle School Menu

Choice of 3 Meal options daily

Meals include: Entrée,
Vegetable, Fruit, Milk:

Main Entrée Meal

Smuckers Meal

Salad Meal – Caesar Salad offered M/W/F. Chef Salad offered

Monday

3
Chicken Fajita Wrap
Potato Wedges
Chef's Choice Veggie
Fresh Fruit

Tuesday

4
Cheeseburger on Bun
Toppings
Potato Wedges
Veggie
Juice

Wednesday

5
Chicken Tenders
Soft Pretzel
w/ cheese sauce
Side Salad
Fruit

Thursday

6
Ham & Cheese Pretzel
Chef's Choice Veggie
Crinkle Cut Fries
Juice

Friday

7
Bento Box
Fresh Fruit
Fresh Vegetable
Dessert

10
Chicken Patty on Whole
Wheat Bun
French Fries
Chef's Choice Veggie
Fruit Cup

11
Italian Dunkers
Marinara Sauce
Chef's Choice Veggie
Juice

12
Asian Chicken
Soft Pretzel
Side Salad
Side Kicks Fruit Cup

13
Walking Tacos
Fruit Churros
Chef's Choice Veggie
Juice

14
Pizza
Side Salad
Fresh Fruit
Cookie

17
Chef's Choice
Fruit
Vegetable
Milk & Juice

18
Chef's Choice
Fruit
Vegetable
Milk & Juice

19
Chef's Choice
Fruit
Vegetable
Milk & Juice

20
Chef's Choice
Fruit
Vegetable
Milk & Juice

21
Chef's Choice
Fruit
Vegetable
Milk & Juice

24
Chef's Choice
Fruit
Vegetable
Milk & Juice

25
Chef's Choice
Fruit
Vegetable
Milk & Juice

26
Chef's Choice
Fruit
Vegetable
Milk & Juice

27
Chef's Choice
Fruit
Vegetable
Milk & Juice

28
Chef's Choice
Fruit
Vegetable
Milk & Juice



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All school days in June will also be "Chef's Choice" as we reduce inventory at all schools. Menu's will vary.

Store refrigerated items in freezer or refrigerator until ready to eat (no longer than 5 days). Please heat according to directions and cook to 165 degrees. ©

Heating instructions can be found on the GMSD website or Food Service Facebook Page.

Chef's choice will vary day by day. Each school will have different meals going out. Please direct any specific questions to your schools Kitchen Manager