



FREE LUNCHES FOR ALL CHILDREN 18 AND UNDER

# MAY 2021

## Parker Middle School Menu

Choice of 3 Meal options daily

Meals include: Entrée,  
Vegetable, Fruit, Milk:

Main Entrée Meal

Smuckers Meal

Salad Meal – Caesar Salad offered M/W/F. Chef Salad offered

### Monday

3  
Chicken Fajita Wrap  
Potato Wedges  
Chef's Choice Veggie  
Fresh Fruit

### Tuesday

4  
Cheeseburger on Bun  
Toppings  
Potato Wedges  
Veggie  
Juice

### Wednesday

5  
Chicken Tenders  
Soft Pretzel  
w/ cheese sauce  
Side Salad  
Fruit

### Thursday

6  
Ham & Cheese Pretzel  
Chef's Choice Veggie  
Crinkle Cut Fries  
Juice

### Friday

7  
Bento Box  
Fresh Fruit  
Fresh Vegetable  
Dessert

10  
Chicken Patty on Whole  
Wheat Bun  
French Fries  
Chef's Choice Veggie  
Fruit Cup

11  
Italian Dunkers  
Marinara Sauce  
Chef's Choice Veggie  
Juice

12  
Asian Chicken  
Soft Pretzel  
Side Salad  
Side Kicks Fruit Cup

13  
Walking Tacos  
Fruit Churros  
Chef's Choice Veggie  
Juice

14  
Pizza  
Side Salad  
Fresh Fruit  
Cookie

17  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

18  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

19  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

20  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

21  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

24  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

25  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

26  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

27  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice

28  
Chef's Choice  
Fruit  
Vegetable  
Milk & Juice



31  
All school days in June will also be "Chef's Choice" as we reduce inventory at all schools. Menu's will vary.

*Store refrigerated items in freezer or refrigerator until ready to eat (no longer than 5 days). Please heat according to directions and cook to 165 degrees. ©*

Heating instructions can be found on the GMSD website or Food Service Facebook Page.

\*Chef's choice will vary day by day. Each school will have different meals going out. Please direct any specific questions to your schools Kitchen Manager\*