

OCTOBER 2021

General McLane High School

Lunch: FREE for ALL Students

Adult Meal: \$4.00

Milk: \$0.60

Students may choose a Deli Sandwich/Wrap/Panini, Pizza, Hot Sandwich, Soup, or Pre-Made Salad in place of the main entrée.

Monday

Tuesday

Wednesday

Thursday

Friday



Menu Subject to change based on Item availability. Due to nationwide food Shortages, many items may be unavailable with Little to no notice.

4
Chicken Fajita Bowl
Steamed Rice
Mexicali Corn
Mandarin Oranges

5
Spaghetti W/ Meat Sauce
Garlic Breadstick
Seasoned Green Beans
Assorted Fruit Salad

6
Maple French Toast
W/ Sausage
Tator Tots
Assorted Fruit

7
Chicken Strips/Sauce
Spiral Fries
Mixed Vegetables
Peaches

8
Sloppy Joe
On a WG Bun
Cucumber Tomato Salad
Pears

1
Cheese Calzone
Side Salad
Dessert
Fruit Cup

11
NO SCHOOL

12
Chicken Parmesan
over Pasta
WG Dinner Roll
Seasoned Green Beans
Side Kick Fruit Cup

13
Mac & Cheese
Cheese-It Crackers
Waffle Fries
Stewed Tomatoes
Assorted Fruit

14
Chicken Fritter on
Whole Wheat Bun
Potato Smiles
Peaches

15
Italian Dunkers
Marinara Sauce
Seasoned Corn
Side Salad
Pears

18
Asian Chicken Bowl
Steamed Rice
Glazed Carrots
Tropical Fruit Salad

19
Grilled Cheese Sandwich
Tomato Soup
California Blend Veggies
Mandarin Oranges

20
Chicken Soft Taco
w/ Soft Pretzel
Corn
Baked Apples w/ Cinnamon

21
Sliced Turkey w/ Gravy
Dinner Roll
Mashed Potatoes
Fresh Vegetables
Pineapple Tidbits

22
Lasagna
NY Breadstick
Green Beans
Applesauce
Royal Brownies

25
Popcorn Chicken Bowl
Dinner Roll
Mashed Potatoes
Corn
Pineapple

26
Loaded Fries
Soft Pretzel
Cauliflower
Side Salad
Pears

27
BBQ Pulled Pork
on a Bun
Vegetable Fried Rice
Mixed Vegetables
Fresh Fruit Salad

28
Ham & Cheese Sandwich
California Blend Veggies
Potato Wedges
Peaches

29
GM Nachos Supreme
Fiesta Corn
Side Salad
Blueberry Crisp

MILK, JUICE, AND FLAVORED WATER PRODUCTS OFFERED DAILY

Students must take 3 of 5 components offered and ONE must be a Fruit or Vegetable.

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