



JANUARY 2022

General McLane High School

Lunch: FREE for ALL Students

Adult Meal: \$4.00

Milk: \$0.60

Students may choose a Deli Sandwich/Wrap/Panini, Pizza, Hot Sandwich, Soup, or Pre-Made Salad in place of the main entrée.

Monday

Popcorn Chicken Bowl
Dinner Roll
Mashed Potatoes
Corn
Pineapple

3

Tuesday

Loaded Fries
Soft Pretzel
Cauliflower
Side Salad
Pears

4

Wednesday

BBQ Pulled Pork
on a Bun
Vegetable Fried Rice
Mixed Vegetables
Fresh Fruit Salad

5

Thursday

Ham & Cheese Sandwich
California Blend Veggies
Potato Wedges
Peaches

6

Friday

GM Nachos Supreme
Fiesta Corn
Side Salad
Blueberry Crisp

7

Honey BBQ
Chicken Wrap
Side Salad
Pears

10

Goulash
NY Breadstick
Green Beans
Peaches

11

Chicken Pot Pie
Mashed Potatoes
Peas
Fruit Cup

12

Walking Tacos
Cooked Carrots
Apple Sauce
Fruit Churro

13

Cheese Calzone
Side Salad
Dessert
Fruit Cup

14

NO SCHOOL

17

Spaghetti W/ Meat Sauce
Garlic Breadstick
Seasoned Green Beans
Assorted Fruit Salad

18

Maple French Toast
W/ Sausage
Tator Tots
Assorted Fruit

19

Chicken Strips/Sauce
Spiral Fries
Mixed Vegetables
Peaches

20

Cheeseburger on a WG bun
W/ Toppings
Side Salad
Pears

21

General Tso Chicken
Seasoned Rice
Glazed Baby Carrots
Tropical Fruit Salad

24

Chicken Parmesan
over Pasta
WG Dinner Roll
Seasoned Green Beans
Side Kick Fruit Cup

25

Mac & Cheese
Cheese-It Crackers
Waffle Fries
Stewed Tomatoes
Assorted Fruit

26

Chicken Fritter on
Whole Wheat Bun
Potato Smiles
Peaches

27

Italian Dunkers
Marinara Sauce
Seasoned Corn
Side Salad
Pears

28

Asian Chicken Bowl
Steamed Rice
Glazed Carrots
Tropical Fruit Salad

31

MILK, JUICE, AND FLAVORED WATER PRODUCTS OFFERED DAILY
Students must take 3 of 5 components offered and ONE must be a Fruit or Vegetable.

**Menu Subject to change based on
Item availability. Due to nationwide food
Shortages, many items may be unavailable with
Little to no notice.**