

# NOVEMBER 2022

## James W Parker Middle School



**Lunch** \$3.50  
**Reduced** \$0.40  
**Adult** \$4.25



**November is National Peanut Butter Lovers Month.** Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**

**1**  
 General Tso's Chicken  
 Rice  
 Spinach Side Salad  
 Broccoli  
 Side Kicks Fruit Cup

**2**  
 Breaded Drumsticks  
 Fries  
 Biscuit  
 Pineapple Cup  
 Seasoned Vegetable

**3**  
 Cheeseburger  
 Chef's Choice Veggie  
 Fries  
 Peaches

**4**  
 Chicken Patty Sandwich  
 Mixed Vegetables  
 Sliced Apples w/ Caramel

**7**  
 Chicken Alfredo  
 Breadstick  
 Applesauce  
 Seasoned Vegetables

**8**  
 Italian Dunkers  
 Dipping Sauce  
 Side Kicks Fruit Cups  
 Glazed carrots

**9**  
 Chicken Fajita Wrap  
 Seasoned Corn  
 Applesauce  
 Fruit Churro

**10**  
 Grilled Cheese  
 Tomato Soup  
 Green Beans  
 Peaches

**11**  
 Veterans Day  
**No School**

**14**  
 Pizza  
 Seasoned Veggies  
 Fruit cup

**15**  
 Loaded Fries  
 Corn  
 Soft Pretzel  
 Spinach Side Salad  
 Mandarin Oranges

**16**  
**Thanksgiving Lunch**

**17**  
 Chicken Noodle Soup  
 Breadstick  
 Peas  
 Peaches

**18**  
 Corn dog w/ Dinner Roll  
 Side Salad  
 Broccoli  
 Pears

**21**  
 Chicken Fritter Sandwich  
 Green Beans  
 Pears

**22**  
 Meatball Sub  
 Corn  
 Fruit Cup

**23**  
**No School**

**24**  
**No School**

**25**  
**No School**

**28**  
**No School**

**29**  
 Chicken Tenders  
 Mini Corn Bread  
 Spiral Fries  
 Cooked Carrots  
 Fruit Cup

**30**  
 Hot Dog w/Toppings  
 Baked Beans  
 Fruit Cup

