

MAY 2023

James W Parker Middle School

LUNCH



Lunch \$3.50
Reduced \$0.40
Adult \$4.25



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

Meatball Sub **1**
Corn
Fruit Cup

TUESDAY

Chicken Fritter **2**
Sandwich
Green Beans
Pears

WEDNESDAY

Hot Dog w/Toppings **3**
Baked Beans
Fruit Cup

THURSDAY

Mac & Cheese **4**
Dinner Roll
Winter Blend Veggies
Mandarin Oranges

FRIDAY

Chicken Quesadilla **5**
Seasoned Corn
Fruit Cup
Fruit Churro

Spaghetti & Meatballs **8**
Breadstick
Mixed Vegetables
Pears

General Tso's Chicken **9**
Rice
Spinach Side Salad
Broccoli
Side Kicks Fruit Cup

Breaded Drumsticks **10**
Fries
Biscuit
Pineapple Cup
Seasoned Vegetable

Cheeseburger **11**
Chef's Choice Veggie
Fries
Peaches

Chicken Patty Sandwich **12**
Mixed Vegetables
Sliced Apples w/ Caramel

CHEF'S CHOICE **15**

CHEF'S CHOICE **16**

CHEF'S CHOICE **17**

CHEF'S CHOICE **18**

CHEF'S CHOICE **19**

CHEF'S CHOICE **22**

CHEF'S CHOICE **23**

CHEF'S CHOICE **24**

CHEF'S CHOICE **25**

CHEF'S CHOICE **26**

Memorial Day **29**

CHEF'S CHOICE **30**

CHEF'S CHOICE **31**

