

OCTOBER 2023

Edinboro-McKean Elementary

LUNCH



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

Corn Dogs
Carrots
French Fries
Mixed Fruit
Milk

2

TUESDAY

Pizza
California Blend
Milk
Side Kicks Fruit Cups

3

WEDNESDAY

Chicken Taco Salad
Corn
Churro
Fruit Juice & Milk

4

THURSDAY

Mac & Cheese
Side Salad
Pears
Fruit Juice & Milk

5

FRIDAY

Chicken Sandwich
Buttered Peas
Apple Slices
Milk

6

9

NO SCHOOL

Cheeseburger
Fries
Fruit Juice
Milk

10

French Toast Sticks
Sausage
Roasted Potatoes
Orange Slices
Milk

11

Chicken Tenders
Dinner Roll
Cooked Carrots
Fruit Juice
Milk

12

Breaded Cheese Stick
w/ Marinara Sauce
Seasoned Vegetables
Peaches
Milk

13

16

Grilled Cheese
Tomato Soup
Tater Tots
Applesauce
Milk

Walking Taco
Corn
Sliced Apples
Fruit Juice
Milk

17

Chicken Nuggets
Corn
Dinner Roll
Baked Apple Slices
Milk

18

Waffles
Tater Tots
Cooked Carrots
Pears
Fruit Juice & Milk

19

Pizza
Green Beans
Apple Sauce
Milk

20

23

Hot Dog
Baked Beans
Pineapple Tidbits
Milk

Chicken Sandwich
Broccoli
Fries
Peaches
Milk

24

Ham & Cheese
Sandwich
Buttered Peas
Mandarin Oranges
Milk

25

Popcorn Chicken Bowl
Sidekicks Fruit Cup &
Milk

26

Italian Dunkers
w/Dipping Sauce
Side Salad
Mixed Fruit
Milk

27

30

Chefs Choice Soup
Diced Carrots
Soft Pretzel w/Cheese
Apple Sauce
Milk

Cheese Calzone
Cooked Cauliflower
Pears
Cookie
Fruit Juice & Milk

31

