







October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?







MONDAY

Chicken Alfredo Vegetable **Breadsticks**



TUESDAY

Italian Dunkers Dipping Sauce Side Kicks Fruit Cups **Glazed Carrots**



WEDNESDAY

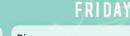
Chicken Fajita Wrap Seasoned Corn **Apple Sauce**



Grilled Cheese Tomato Soup

THURSDAY

Green Beans Peaches



Pizza California Vegetable Blend Fruit Salad



NO SCHOOL

Loaded Fries Corn Mandarin Oranges



Pork Rib Sandwich Vegetable Blend Potato Wedges **Apple Slices**



Chicken Noodle Soup Saltines **Peaches**



Corn Dog Side Salad Broccoli **Pears**



Chicken Sandwich Green Beans fruit

16 Mac & Cheese Dinner Roll Winter Blend Veggies Mandarin Oranges

17

Walking Tacos Mixed Vegetables **Apple Sauce** Churros

18

Popcorn Chicken Bowl Fruit cup

19

Cheese Calzone Peas

20

Fruit

Goulash Mixed Vegetables applesauce

23 Pancake Sausage **Roasted Potatoes**

Meatball Sub Seasoned Vegetables **Applesauce**

25

Chicken Quesadilla Seasoned Corn Fruit Cup Fruit Churro

26

Chicken Tenders Fries Carrots

27

Hot Dog w/Toppings **Baked Beans** Pineapple cup

30

General Tso's Chicken Rice Spinach Salad Cooked Broccoli Sidekicks Fruit Cup

Mandarin Oranges

31



Fruit Cup