

NOVEMBER 2023

General McLane HIGH SCHOOL

LUNCH



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pancakes & Sausage
Tater Tots
Side Kicks Fruit Cup

1

Pizza Burger
Green Beans
Side Salad
Pineapple

2

Chicken Sandwich
Buttered Peas
Apple Slices

3

Chicken Fajitas
Seasoned Corn
Fruit

6

Spaghetti With Meat
Sauce
Breadstick
Green Beans
Assorted Fruit

7

Maple French Toast
W/ Sausage
Tater Tots
Fresh Fruit Salad

8

Loaded Fries
Mixed Vegetables
Peaches

9

NO SCHOOL

10

General Tso Chicken
Broccoli
Rice
Fruit

13

Chicken Parmesan
Sandwich
Green Beans

14

Mac & Cheese
Cauliflower
Fruit

15

**Thanksgiving
Lunch**

16

Italian Dunkers
w/ Marinara Sauce
Seasoned Vegetables
Pineapple

17

Walking Taco
Corn
Sliced Apple

20

Grilled Cheese
Tomato Soup
Tater Tots
Mandarin Oranges

21

**Thanksgiving
Break**

22

**Thanksgiving
Break**

23

**Thanksgiving
Break**

24

**Thanksgiving
Break**

27

Chicken Sandwich
Broccoli
Fries
Peaches

28

Ham & Cheese
Sandwich
Buttered Peas
Mandarin Oranges

29

Popcorn Chicken Bowl
Dinner Roll
Sidekicks Fruit Cup

30