

JANUARY 2024

Edinboro & McKean Elementary

LUNCH



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**No
School**

1

Cheese Calzone
Cooked Cauliflower
Pears
Cookie
Fruit Juice & Milk

2

Pancakes & Sausage
Tater Tots
Side Salad
Side Kicks Fruit Cup
Milk

3

Pizza
Green Beans
Tossed Salad
Fruit Juice & Milk

4

Chicken Fritter
Sandwich
Buttered Peas
Apple Slices
Milk

5

Corn Dogs
Carrots
French Fries
Mixed Fruit
Milk

8

Pizza
California Blend
Milk
Side Kicks Fruit Cups

9

Chicken Taco Salad
Corn
Churro
Fruit Juice & Milk

10

Mac & Cheese
Side Salad
Pears
Fruit Juice & Milk

11

Breaded Cheese Stick
w/ Marinara Sauce
Seasoned Vegetables
Fruit
Milk

12

**No
School**

15

Cheeseburger
Fries
Fruit Juice
Milk

16

French Toast Sticks
Sausage
Roasted Potatoes
Orange Slices
Milk

17

Chicken Tenders
Dinner Roll
Cooked Carrots
Fruit Juice
Milk

18

Hot Dog
Mixed Vegetables
Baked Beans
Fruit
Milk

19

**No
School**

22

Chicken Sandwich
Broccoli
Fries
Peaches
Milk

23

Ham & Cheese
Sandwich
Buttered Peas
Mandarin Oranges
Milk

24

Popcorn Chicken Bowl
Sidekicks Fruit Cup &
Milk

25

Pizza
Green Beans
Tossed Salad
Fruit Juice & Milk

26

Grilled Cheese
Tomato Soup
Tater Tots
Applesauce
Milk

29

Walking Taco
Corn
Sliced Apples
Fruit Juice
Milk

30

Chicken Nuggets
Corn
Dinner Roll
Baked Apple Slices
Milk

31

