



General McLane School District • Student Assistance Program (SAP)

Student, Family, School, and Community • We're all in this together!

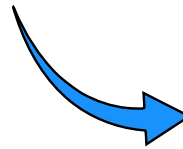
What is SAP?

The goal of SAP is to provide prevention and support services to students who are identified as having difficulty achieving success in school.

Factors that may prevent success:

Feeling of isolation, loss of a loved one, low self esteem, family concerns, anxiety, aggression, anger.

*Click to view a video
Explaining SAP.*



Signs to look for:

- Drop in academic performance
- Anxiety/Worry
- Depressed/Long-term Sadness
- Change in friends
- Change in appearance
- Withdrawal from family, friends, or school
- Defiance of rules
- Concerns with vaping, drugs, or alcohol

*The SAP Team does NOT diagnose, provide therapy, or provide long-term services. The Student Support Team connects students, and their families, with services to support the student.

Referrals to the Team

How does a student become involved in the program?

Student may be referred in several ways. A staff member, a student's peer, or family member can let the SAP Team know they are worried about someone.

A student is referred because someone is concerned about observable changes they are seeing in your child. Your observations at home are important.

**All information is CONFIDENTIAL and the referral source will remain anonymous. *Participation is voluntary.*

The SAP Team can provide the following services:

- Short term counseling with community agency liaison
- Participation in educational groups covering such topics as decision making, how to be a friend, anger, grief & loss, coping skills, and tobacco cessation.
- Education on community resources
- Emergency consultation & intervention

What happens when a student is referred to SAP?

1. The team gathers information about the student's performance from everyone who has contact with the referred student.
2. A member of the team will contact the parent/guardian about your observations, your child's strengths, and your concerns. The team will also obtain your written permission for your child to participate in the program.
3. Together, you and the team will develop a plan of action to help your child achieve success in school. If necessary, the SAP team will talk to you about community support services and other contacts who may offer additional support.
4. The team will continue to work with and support your child. Your continued support and involvement is important.

To Refer a Student

If you feel that your child or another child may need additional support, contact your child's school or complete the SAP Referral within your school's General McLane webpage. www.generalmclane.net

Privacy

The SAP Team and the school will respect you and your child's privacy at all times. SAP Team information is not shared and is not on any school record.

Who is on the SAP Team?

The SAP Team is comprised of counselors, teachers, nurses, administrators, and community agency liaisons.