

APRIL 2024

EDINBORO & McKEAN ELEMENTARY

BREAKFAST



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

4

5

8

Bagel & Cream
Cheese Or Cereal
Mixed Fruit
Smoothies

9

Breakfast Sandwich
Or Cereal Fruit Cup
Milk and Juice

10

French Toast Sticks Or
Cereal Orange Slices
Smoothies Milk

11

Breakfast Sandwich
Or
Cereal or Donuts
Applesauce
Milk and Juice

12

15

Funnel Cake Or
Cereal Pears Milk
and Juice

16

Mini Waffles Or
Cereal Mandarin
Oranges Smoothies

17

Breakfast Sandwich
Or Cereal Pears Milk
and Juice

18

Fruit Strudel Or
Cereal Fresh Fruit
Smoothies Milk

19

Breakfast Sandwich
or Cereal or Donuts
Pineapple Milk and
Juice

22

Muffins
Or Cereal
Orange Wedges
Milk and Juice

23

Bagel & Cream
Cheese Or Cereal
Mixed Fruit
Smoothies

24

Breakfast Sandwich
Or Cereal Fruit Cup
Milk and Juice

25

French Toast Sticks Or
Cereal Orange Slices
Smoothies Milk

26

Breakfast Sandwich
Or
Cereal or Donuts
Applesauce
Milk and Juice

29

Funnel Cake Or
Cereal Pears Milk
and Juice

30

Mini Waffles Or
Cereal Mandarin
Oranges Smoothies

