

James W. Parker Middle School Lunch Menu

August 2024



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*

Assorted Fresh Fruit and Vegetables Offered Daily

Vegetables May choose two 1/2 cup servings
Fruit May choose one 1/2 cup serving

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Daily Alternate Choices May include

Peanut Butter Jelly Sandwich, Chef Salad,
Taco Salad, Caesar Salad



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27. Chicken Tender w/ Dinner Roll Green Beans Mixed Fruit Choice of Milk	28. Chicken Fajita Wrap Pizza Corn Choice of Milk Churro	29. Grilled Cheese and Tomato Soup Tater Tots Peaches Choice of Milk	30. Pizza Broccoli Mandarin Oranges Choice of Milk

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

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September 2024



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3. Dunkers Mixes Veggies Pineapple Choice of Milk	4. Corn Dogs Pizza Steamed Carrots Sliced Peaches Choice of Milk	5. Cheeseburger Fries Applesauce Choice of Milk	6. Chicken Sandwich Pizza Peas Mixed Fruit Choice of Milk
9. Chicken Alfredo Pizza Steamed Green Beans Pineapple Choice of Milk	10. Smith Hot Dog on a bun Baked Beans Sliced Apples Choice of Milk	11. Waffles w/ Sausage Pizza Tater Tots Diced Pears Choice of Milk	12. Meatball Hoagie Steamed Broccoli Pineapple Tidbits Choice of Milk	13. Cheese Calzone Pizza Steamed Carrots Applesauce Choice of Milk
16. Walking Taco w/ sliced bread Pizza Refried Beans Mandarin Oranges Choice of Milk	17. Breaded Cheese Stick Roasted Sweet Potatoes Diced Peaches Choice of Milk	18. Chicken Fritter Pizza Steamed Broccoli Chilled Applesauce Choice of Milk	19. Popcorn Chicken Bowl w/ sliced bread Mashed Potatoes Sliced Pears Choice of Milk	20. Corn Dogs Pizza Steamed Mixed Vegetables Tropical Fruit Salad Choice of Milk
23. French Toast Sticks W/ Sausage Pizza Crispy Tater Tots Mixed Fruit Cup Choice of Milk	24. Chicken Tender w/ Dinner Roll Green Beans Mixed Fruit Choice of Milk Fresh Baked Cookie	25. Chicken Fajita Wrap Pizza Corn Choice of Milk	26. Grilled Cheese and Tomato Soup Tater Tots Peaches Choice of Milk	27. Pizza Broccoli Mandarin Oranges Choice of Milk
30. Pasta w/ Meatsauce w/ sliced bread Steamed Broccoli Pineapple Tidbits Choice of Milk				