

McKean Elementary Lunch Menu

August 2024



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*

Assorted Fresh Fruit and Vegetables Offered Daily

Vegetables May choose two 1/2 cup servings
Fruit May choose one 1/2 cup serving

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Daily Alternate Choices May include

Peanut Butter Jelly Sandwich, Chef Salad,
Taco Salad, Caesar Salad



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27. Chicken Nuggets w/ dinner roll Steamed Green Beans Mixed Fruit Choice of Milk	28. Cheeseburger on a Bun Crispy French Fries Sliced Peaches or Chilled Juice Choice of Milk	29. Mac & Cheese w/ dinner roll Steamed Carrots Diced Pears Choice of Milk	30. Pizza Rounds Steamed Broccoli Mandarin Oranges or Chilled Juice Choice of Milk

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3. Grilled Cheese Sandwich Golden Corn Mixed Fruit Choice of Milk	4. Corn Dogs Mashed Potatoes Sliced Peaches or Chilled Juice Choice of Milk	5. Crispy Chicken Sandwich Steamed Mixed Vegetables Applesauce Choice of Milk	6. Italian Dunkers Garden Salad Mandarin Oranges or Chilled Juice Choice of Milk
9. Crispy Fish Sticks w/ dinner roll Steamed Green Beans Yellow Peaches Choice of Milk Fresh Baked Cookie	10. Hot dog on a Bun Baked Beans Sliced Apples Choice of Milk	11. Waffles w/ Sausage Tater Tots Diced Pears or Chilled Juice Choice of Milk	12. Meatball Hoagie Steamed Broccoli Pineapple Tidbits Choice of Milk	13. Cheese Calzone Steamed Carrots Applesauce or Chilled Juice Choice of Milk
16. Walking Taco w/ dinner roll Corn Mandarin Oranges Choice of Milk	17. Breaded Cheese Stick Roasted Sweet Potatoes Diced Peaches Choice of Milk	18. Chicken Fritter Steamed Broccoli Chilled Applesauce or Chilled Juice Choice of Milk	19. Popcorn Chicken Bowl w/ dinner roll Mashed Potatoes Sliced Pears Choice of Milk	20. Fiestada Pizza Steamed Mixed Vegetables Tropical Fruit Salad or Chilled Juice Choice of Milk
23. French Toast Sticks W/ Sausage Crispy Tater Tots Mixed Fruit Cup Choice of Milk	24. Chicken Quesadilla Corn Sliced Peaches Choice of Milk	25. Crispy Chicken Sandwich Steamed Carrots Diced Pears or Chilled Juice Choice of Milk	26. Pasta w/ Meatsauce w/ dinner roll Steamed Broccoli Pineapple Tidbits or Chilled Juice Choice of Milk	27. Stuffed Crust Pizza Mixed Vegetables Mandarin Oranges or Chilled Juice Choice of Milk
30. Ham & Cheese on Pretzel Bun Golden Corn Tropical Fruit Salad Choice of Milk				