

# General McLane School District

September 2024

**GLUTEN FREE**

To place an order for breakfast/lunch email the week prior.

Edinboro Elementary: [kimberleybelden@generalmclane.org](mailto:kimberleybelden@generalmclane.org)  
 McKean Elementary: [jodiestine@generalmclane.org](mailto:jodiestine@generalmclane.org)  
 James W. Parker Middle: [DeborahLathrop@generalmclane.org](mailto:DeborahLathrop@generalmclane.org)  
 General McLane High: [deannaenglish@generalmclane.org](mailto:deannaenglish@generalmclane.org)

Monday	Tuesday	Wednesday	Thursday	Friday
Walking Tacos w/Corn Tortilla Chips Fruit, Vegetable Low Fat Milk 30	GF Chicken Tenders Fruit, Vegetable Low Fat Milk 1	Chicken Free GF Wrap Fruit, Vegetable Low Fat Milk 2	Grilled Cheese on GF Bread Fruit, Vegetable Low Fat Milk 3	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 4
GF Penne Pasta w/Meatsauce Fruit, Vegetable Low Fat Milk 7	Garden Salad w/Turkey & GF Bread Fruit, Vegetable Low Fat Milk 8	Hot Turkey & Cheese on GF Bread Fruit, Vegetable Low Fat Milk 9	Cheese Burger on GF Bun Fruit, Vegetable Low Fat Milk 10	Chicken Sandwich on GF Bun Fruit, Vegetable Low Fat Milk 11
No School 14	Smiths Hot Dog on GF Bun Fruit, Vegetable Low Fat Milk 8	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 9	Meatball Hoagie on GF Bun Fruit, Vegetable Low Fat Milk 10	GF Calzone Fruit, Vegetable Low Fat Milk 11
Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 21	Walking Tacos w/Corn Tortilla Chips & GF Bread Fruit, Vegetable Low Fat Milk 22	Chicken Fritter GF Bread Fruit, Vegetable Low Fat Milk 23	Popcorn Chicken Bowl Fruit, Vegetable Low Fat Milk 24	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 25
Peanut Butter & Jelly on GF Bread Fruit, Vegetable Low Fat Milk 28	GF Mac And Cheese Fruit, Vegetable Low Fat Milk 29	Chicken Fajita on GF Wrap Fruit, Vegetable Low Fat Milk 30	Grilled Cheese on GF Bread Fruit, Vegetable Low Fat Milk 31	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 1

## Approved Side Dishes: (unless otherwise noted)

- Fresh or canned fruit without added ingredients
- Fresh or cooked vegetables without added ingredients
- Approved Ketchup, Salad Dressing & Margarine
- Milk—any variety

Middle School: Monday, Wednesday, and Friday GF Pizza is available, please let us know

**Breakfast:** Served w/100% Juice, Fruit & Low-Fat Milk

## May Choose one of the following daily:

- Gluten Free Cereal w/w/Gluten Free Toast
- Gluten Free Toast w/String Cheese
- Sausage Patty w/Gluten Free Toast
- Egg & Cheese Sandwich on Gluten Free Toast
- Ask for other available grab and go Gluten Free Items