

General McLane School District

November 2024

GLUTEN FREE

To place an order for breakfast/lunch email the week prior.

Edinboro Elementary: kimberleybelden@generalmclane.org
 McKean Elementary: jodiestine@generalmclane.org
 James W. Parker Middle: brandiconn@generalmclane.org
 General McLane High: jeannievollmer@generalmclane.org

Monday	Tuesday	Wednesday	Thursday	Friday
Walking Tacos w/Corn Tortilla Chips Fruit, Vegetable Low Fat Milk 4	GF Chicken Tenders Fruit, Vegetable Low Fat Milk 5	Chicken Free GF Wrap Fruit, Vegetable Low Fat Milk 6	Grilled Cheese on GF Bread Fruit, Vegetable Low Fat Milk 7	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 8
No School 11	Garden Salad w/Turkey & GF Bread Fruit, Vegetable Low Fat Milk 12	Hot Turkey & Cheese on GF Bread Fruit, Vegetable Low Fat Milk 13	Cheese Burger on GF Bun Fruit, Vegetable Low Fat Milk 14	Chicken Sandwich on GF Bun Fruit, Vegetable Low Fat Milk 15
GF Penne Pasta w/ Alfredo Sauce Fruit, Vegetable Low Fat Milk 18	Smiths Hotdogs on a GF Bun Fruit, Vegetable Low Fat Milk 19	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 20	Sliced Turkey Fruit, Vegetable Low Fat Milk 21	GF Calzone Fruit, Vegetable Low Fat Milk 22
Walking Tacos w/Corn Tortilla Chips Fruit, Vegetable Low Fat Milk 25	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 26	No School 27	No School 28	No School 29
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Approved Side Dishes: (unless otherwise noted)

- Fresh or canned fruit without added ingredients
- Fresh or cooked vegetables without added ingredients
- Approved Ketchup, Salad Dressing & Margarine
- Milk—any variety

Middle School: Monday , Wednesday, and Friday GF Pizza is available, please let us know

Breakfast: Served w/100% Juice, Fruit & Low-Fat Milk

May Choose one of the following daily:

- Gluten Free Cereal w/w/Gluten Free Toast
- Gluten Free Toast w/String Cheese
- Sausage Patty w/Gluten Free Toast
- Egg & Cheese Sandwich on Gluten Free Toast
- Ask for other available grab and go Gluten Free Items