

McKean Elementary Lunch Menu

November 2024



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*

Assorted Fresh Fruit and Vegetables Offered Daily

Vegetables May choose two 1/2 cup servings

Fruit May choose one 1/2 cup serving

Milk Choices Offered Daily

Fat Free Chocolate,
Fat Free White and Low Fat White

Daily Alternate Choices May include

Peanut Butter Jelly Sandwich, Chef Salad,



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Smith Hot Dog on a bun Baked Beans Sliced Apples Choice of Milk	5 Chicken Nuggets w/ dinner roll Steamed Green Beans Mixed Fruit Choice of Milk	6 Cheeseburger on a Bun Crispy French Fries Sliced Peaches or Chilled Juice Choice of Milk	7 Mac & Cheese w/ dinner roll Steamed Carrots Diced Pears Choice of Milk	8 Pizza Rounds Steamed Broccoli Mandarin Oranges or Chilled Juice Choice of Milk
11 No School	12 Grilled Cheese Sandwich Golden Corn Mixed Fruit Choice of Milk	13 Corn Dogs French Fries Sliced Peaches or Chilled Juice Choice of Milk	14 Crispy Chicken Sandwich Steamed Mixed Vegetables Applesauce Choice of Milk	15 Italian Dunkers Garden Salad Mandarin Oranges or Chilled Juice Choice of Milk
18 Chicken Nuggets w/ Dinner Roll Green Beans Mixed Fruit Choice of Milk	19 Walking Taco w/ dinner roll Baked Beans Sliced Apples Choice of Milk	20 Waffles w/ Sausage Tater Tots Diced Pears or Chilled Juice Choice of Milk	21 Thanksgiving Dinner Mashed Potatoes Assorted Fruit Choice of Milk	22 Cheese Calzone Mixed Veggies Applesauce or Chilled Juice Choice of Milk
25 Breaded Cheese Sticks Corn Mandarin Oranges Choice of Milk	26 Smith Hotdog Roasted Sweet Potatoes Diced Peaches Choice of Milk	27 No School	28 Thanksgiving No School	29 No School

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE