

General McLane School District

December 2024

GLUTEN FREE

To place an order for breakfast/lunch email the week prior.

Edinboro Elementary: kimberleybelden@generalmclane.org
 McKean Elementary: jodiestine@generalmclane.org
 James W. Parker Middle: brandiconn@generalmclane.org
 General McLane High: jeannievollmer@generalmclane.org

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	GF Chicken Tenders Fruit, Vegetable Low Fat Milk 3	Chicken Free GF Wrap Fruit, Vegetable Low Fat Milk 4	Grilled Cheese on GF Bread Fruit, Vegetable Low Fat Milk 5	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 6
Cheeseburger on GF Bun Fruit, Vegetable Low Fat Milk 9	Garden Salad w/Turkey & GF Bread Fruit, Vegetable Low Fat Milk 10	Hot Turkey & Cheese on GF Bread Fruit, Vegetable Low Fat Milk 11	Sliced Ham Fruit, Vegetable Low Fat Milk 12	Chicken Sandwich on GF Bun Fruit, Vegetable Low Fat Milk 13
GF Penne Pasta w/ Alfredo Sauce Fruit, Vegetable Low Fat Milk 16	Smiths Hotdogs on a GF Bun Fruit, Vegetable Low Fat Milk 17	Cheese Pizza on GF Crust Fruit, Vegetable Low Fat Milk 18	GF Chicken Tenders Fruit, Vegetable Low Fat Milk 19	GF Calzone Fruit, Vegetable Low Fat Milk 20
No School 23	No School 24	No School 25	No School 26	No School 27
No School 30	No School 31	.	.	.

Approved Side Dishes: (unless otherwise noted)

- Fresh or canned fruit without added ingredients
- Fresh or cooked vegetables without added ingredients
- Approved Ketchup, Salad Dressing & Margarine
- Milk—any variety

Middle School: Monday , Wednesday, and Friday GF Pizza is available, please let us know

Breakfast: Served w/100% Juice, Fruit & Low-Fat Milk

May Choose one of the following daily:

- Gluten Free Cereal w/w/Gluten Free Toast
- Gluten Free Toast w/String Cheese
- Sausage Patty w/Gluten Free Toast
- Egg & Cheese Sandwich on Gluten Free Toast
- Ask for other available grab and go Gluten Free Items