James W. Parker Middle School Lunch Menu December 2024



You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk

*Students must choose at least one fruit or vegetable

Assorted Fresh Fruit and Vegetables Offered Daily

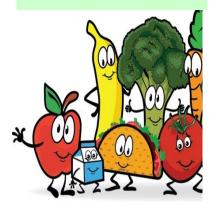
Vegetables May choose two 1/2 cup servings Fruit May choose one 1/2 cup serving

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Daily Alternate Choices May include

Peanut Butter Jelly Sandwich, Chef Salad, Taco Salad, Caesar Salad



The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 Chicken Tenders w/ dinner roll Green Beans Mixed Fruit Choice of Milk	4 General Tso Chicken Broccoli Assorted Fruit Choice of Milk	5 Mac and Cheese Tater Tots Peaches Choice of Milk	6 Pizza Broccoli Mandarin Oranges Choice of Milk
9 Cheeseburger Fries Applesauce Choice of Milk	10 Dunkers Mixed Veggies Pineapple Choice of Milk	Churro 11 Fish Sticks Pizza Steamed Broccoli Sliced Peaches Choice of Milk	12 Christmas Meal Ham w/ dinner roll Scalloped potatoes Green Beans Choice of Milk Dessert	13 Pulled Pork Sandwich Pizza Peas Mixed Fruit Choice of Milk
16 Chicken Alfredo Green Beans Pineapple Choice of Milk	17 Popcom Chicken Bowl Mashed Potatoes Assorted Fruit Choice of Milk	18 Pancakes w/ Sausage Pizza Tater Tots Diced Pears Choice of Milk	19 Smith Hot Dog on a bun Baked Beans Sliced Apples Choice of Milk	20 Cheese Calzone Pizza Steamed Carrots Applesauce Choice of Milk
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School			